

INDIANA PODIATRIC MEDICAL ASSOCIATION

2009 DOCTORS PROGRAM

Hyatt Regency Downtown Hotel - Indianapolis, IN

October 8-11, 2009

MISSION STATEMENT

The Indiana Podiatric Medical Association is an organization consisting of licensed podiatric physicians in the state of Indiana whose primary purpose is to promote the art and science of podiatric medicine and the betterment of public health through an annual program of continuing education and other professionally oriented instruction for member podiatric physicians. In addition, the Indiana Podiatric Medical Association strives to achieve a better rapport and understanding among the health professions, and increase public awareness of podiatric medicine through public relations activities.

PURPOSE

This Conference will provide information on the most up-to-date diagnostic and treatment methods for lower extremity disorders.

INTENDED AUDIENCE

This Conference will be of interest to podiatric physicians and surgeons. Other health care professionals with special interest in the diagnosis and treatment of lower extremity disorders will also benefit from this Conference.

OBJECTIVES

To provide the podiatric physician with a broad range of programs offered in an intensive 3-day conference.

To establish an understanding of developing concepts in the diagnosis, evaluation and treatment of lower extremity disorders and foot conditions.

DETAILED PROGRAM ON FOLLOWING PAGES...



Doctor's Program: Friday, October 9

- 7:00 - 10:30 a.m.** **Registration**
- 7:00 - 8:00 a.m.** **Continental Breakfast**
- 8:00 a.m. – 7:00 p.m.** **DOCTORS EDUCATIONAL SESSIONS**
- 8:00 – 10:00 a.m. *The Interventional Radiology Perspective, IR Clinic Consults and PVD (Arterial & Venous)- Ramon G. Hallum III, MD, Indiana University Hospital* [Sponsored by Bio Medix Vascular Solutions](#)
This lecture will increase the participant's understanding of how interventional radiology can assist in the treatment of PVD.
- 10:00 - 10:30 a.m. Coffee Break
- 10:30 – 11:30 a.m.** **IPMA General Business Meeting – Members Only Please - Keynote Speaker: Randall A. Cooper DPM, President, Indiana Podiatric Medical Association**
- 11:30 a.m. – 12:30 p.m. *Surgical Offloading of the Diabetic Foot – John S. Steinberg DPM, Assistant Professor, Department of Plastic Surgery, Georgetown University School of Medicine*
This discussion will increase the understanding of surgical offloading of the diabetic foot.
- 12:30 – 1:30 p.m.** **Lunch – Doctors and Assistants – Practice Management Tips; These lectures contain practice management tips and are not given CME credits.**
- Coding To Assist Your Practice – Gad N. Flaumenhaft DPM, Noblesville IN*
- Retail Store as an Income Generator – Walter G. Warren DPM, Seymour IN*
- Using Biomechanics Utility in Your Practice – Marc S. Bruell DPM, Chesterton IN*
- Options Available to Physicians – David Nijhawan Esq., Old National Bank*
- 1:30 – 2:30 p.m. *Bioengineered Alternative Tissues in Wound Health and Advanced Options in Diabetic Limb Salvage—John S. Steinberg DPM, Assistant Professor, Department of Plastic Surgery, Georgetown University School of Medicine*
This lecture will update the attendee's understanding of diabetic limb salvage.
- 2:30 – 3:30 p.m. *Infections – Warren S. Joseph DPM, Huntingdon Valley PA*
These lectures will provide insight into the evaluation and treatment of lower extremity infections.
- 3:30 – 4:00 p.m. Afternoon Break
- 4:00 – 5:00 p.m. *Infections – Warren S. Joseph DPM, Huntingdon Valley PA*
- 5:00 – 6:00 p.m. *Negative Pressure Therapy and Advanced Wound Dressing –*
James B. McGuire DPM, Temple University School of Podiatric Medicine
These lectures will increase the understanding of chronic wound care and the treatments available.
- 6:00 – 7:00 p.m. *Chronic Wound Care – James B. McGuire DPM, Temple University School of Podiatric Medicine*
- 7:00 – 8:00 p.m. Past Presidents Council Meeting

Doctor's Program: Saturday, October 10

7:00 - 8:00 a.m. Continental Breakfast

8:00 a.m. – 6:15 p.m. DOCTORS EDUCATIONAL SESSIONS

8:00 – 8:45 a.m.

***Resection of Middle Facet Talocalcaneal Coalitions* – Michael S. Downey DPM, Chief, Division of Podiatric Surgery, Penn Presbyterian Medical Center**

This lecture reviews tarsal coalitions, and specifically discusses the indications, technique, and postoperative management for resection of middle facet talocalcaneal coalitions. At the end of the presentation, the participant will be able to: 1. Describe the diagnostic work-up for tarsal coalitions; 2. Discuss the indications for resection of a middle facet talocalcaneal coalition; 3. Describe the technique and surgical approach for resection of the middle facet talocalcaneal coalition; 4. Formulate a postoperative management course and discuss potential complications.

8:45 – 9:30 a.m.

***Fallacies of Lesser Metatarsal Surgery* - Michael S. Downey DPM, Chief, Division of Podiatric Surgery, Penn Presbyterian Medical Center**

This lecture provides the “Top 10” Fallacies of Lesser Metatarsal Surgery and discusses the common pitfalls of lesser metatarsal surgery. At the end of the presentation, the participant will be able to: 1. Describe the common fallacies of lesser metatarsal surgery; 2. Discuss a logical approach for managing lesser metatarsal intractable plantar keratoses and plantar metatarsalgia; 3. Discuss a postoperative course for lesser metatarsal surgery.

9:30 – 10:15 a.m.

***Transverse Plane MTPJ Deformities - What Works and Why*— Michael S. Downey DPM, Chief, Division of Podiatric Surgery, Penn Presbyterian Medical Center**

This lecture discusses the problem of transverse plane abduction and adduction of the lesser MTPJ with and without hammertoe deformity. A review of the common procedures is provided along with a rationale for assessing and managing the deformity in a more predictable fashion. At the end of the presentation, the participant will be able to: 1. Describe the evaluation of the transverse plane MTPJ deformity and differentiate it from predislocation syndrome; 2. Discuss the common surgical procedures employed for transverse plane MTPJ deformity and their associated downfalls and risks; 3. Formulate a treatment plan for the surgical correction of transverse plane MTPJ deformity; 4. Propose a reasonable postoperative course for a patient undergoing surgical correction of transverse plane MTPJ deformity.

10:15 – 10:45 a.m.

Coffee Break in Exhibit Hall

10:45 – 11:30 a.m.

***Overlapping Fifth Toe Deformities: A Consolidated Surgical Approach* - Michael S. Downey DPM, Chief, Division of Podiatric Surgery, Penn Presbyterian Medical Center**

This lecture discusses a consolidated, multi-procedure approach for the predictable correction of the congenital overlapping fifth toe deformity. At the end of the presentation, the participant will be able to: 1. Discuss the pathoanatomy of a congenitally overlapping fifth toe deformity; 2. Understand why traditional hammertoe surgeries do not effectively correct a congenitally overlapping fifth toe deformity; 3. Describe the components of the consolidated surgical approach to correction of a congenitally overlapping fifth toe deformity; 4. Discuss the postoperative management and complications following surgical correction of a congenitally overlapping fifth toe deformity.

11:30 a.m. – 12:15 p.m.

***Morton's Theory of Foot Evolution* - Lawrence A. Ford DPM, Kaiser Permanente, Oakland CA**

This lecture discusses Dudley Morton's history of foot evolution, physiology and functional disorders. It will include the manifestations of Morton's foot and the philosophies of treatments.

Doctor's Program: Saturday, October 10 (cntd.)

12:15 – 1:45 p.m.

Recognition Luncheon – Keynote Speaker – Andrew J. Rader DPM, IPMA President-Elect

1:45 – 2:20 p.m.

***Second MTPJ Instability* - Lawrence A. Ford DPM, Kaiser Permanente, Oakland CA**
A review of the local pathologic process of the 2nd TPJ instability will be made. The literature of the exact biomechanical etiology is controversial. Treatments will also be discussed.

2:20 – 2:55 p.m.

***Forefoot Triple (Lisfranc Arthrodesis)* - Lawrence A. Ford DPM, Kaiser Permanente, Oakland CA**

The lecture will include a discussion of the Arthrosis of the Lisfranc joint complex along with skeletal malalignment. The presentation will include conservative treatment as well as surgical treatment.

2:55 – 3:30 p.m.

***Management of Equinus* - Lawrence A. Ford DPM, Kaiser Permanente, Oakland CA**

The lecture will present Spastic Equinus and well as Nonspastic Equinus. It will include a discussion of the different manifestations of foot pain and deformity as well as TAL (Tendo Achilles Lengthening) and Gastrocnemius Recession.

3:30 – 4:00 p.m.

***Salvage of the Dysfunctional Forefoot* - Lawrence A. Ford DPM, Kaiser Permanente, Oakland CA**

The etiology of the dysfunctional forefoot will be discussed. Defining the problem, goals of treatment and salvage surgery will be presented.

4:00 – 4:15 p.m.

Afternoon Break

4:15 – 4:45 p.m.

***Charcot Foot: Diagnosis and Management* – Lee C. Rogers DPM, Director, Amputation Prevention Center at Broadlawns Medical Center, Des Moines IA**

The audience will gain insight into the pathology and management of acute and chronic Charcot foot by cooling, antiresorptive therapy, and surgical means. We will discuss the goals of Charcot foot reconstruction and long-term sequelae.

4:45 – 5:15 p.m.

***Painful Peripheral Neuropathy - Best Evidence Pharmacological Therapies*—Lee C. Rogers DPM, Director, Amputation Prevention Center at Broadlawns Medical Center, Des Moines IA**

Effective, evidence-based treatments for painful diabetic neuropathy will be presented. This will mostly include pharmacologic therapy. Mechanisms of action for the alternative therapies will be discussed and myths about painful diabetic neuropathy debunked.

5:15 – 5:45 p.m.

***Diabetic Foot Infections* - Lee C. Rogers DPM, Director, Amputation Prevention Center at Broadlawns Medical Center, Des Moines IA**

The audience will be presented with the criteria for diagnosis of diabetic foot infection and treatments aimed at preventing limb loss. The treatments discussed will be surgical debridement and drainage, antibiotics, and adjunctive therapies like granulocyte colony stimulating factor.

5:45 – 6:15 p.m.

***Diabetic Foot Risk Assessment* - Lee C. Rogers DPM, Director, Amputation Prevention Center at Broadlawns Medical Center, Des Moines IA**

The diabetic foot is at risk for amputation. We will use the University of Texas Diabetic Foot Risk Category schema to discuss risk factors and modifications of these factors. We will cover the diagnosis of peripheral neuropathy, loss of protective sensation, peripheral arterial disease, deformities, and limited joint mobility.

Doctor's Program: Sunday, October 11

7:30 - 8:00 a.m. Continental Breakfast

8:00 a.m. – 12:15 p.m. DOCTORS EDUCATIONAL SESSIONS

8:00 – 8:30 a.m. ***Crushed Injuries of the Foot*—Julie Pagano DPM, Resident, St. Joseph's Regional Center, South Bend, IN**

This lecture will increase the attendee's understanding of injuries to the foot.

8:30 – 9:00 a.m. ***Current Concepts in Tarsal Coalitions* – Austin Muranaka DPM, Resident, St. Mary's Medical Center, Evansville IN**

The discussion will update the practitioner on the current concepts in tarsal coalitions.

9:00 – 9:30 a.m. ***Lateral Ankle Reconstruction Using a Patellar Tendon Graft: A Case Study* - Eugenia Achramowicz Malenkos DPM, Resident, Westview Hospital, Indianapolis IN**

A case study will be presented discussing lateral ankle reconstruction using a patellar tendon graft.

9:30 – 10:00 a.m. ***Malignant Melanoma of the Foot: Two Case Reports from the St. Vincent Primary Care Clinic*— Chase R. Stuart DPM, Resident, St. Vincent Hospital, Indianapolis IN**

The lecturer has had the opportunity to manage two patients with malignant melanoma of the foot at the Joshua Max Simon Primary Care Center. The audience will be encouraged to respond and offer suggestions on the treatment of these patients.

10:00 – 10:15 a.m. Mid-Morning Break

10:15 – 10:45 a.m. ***Salvage Attempts at First MPJ Implants* - Kenneth P. Stumpf DPM, Resident, Westview Hospital, Indianapolis IN**

This will be an insight on the etiology of failed 1st mpj implants and a discussion of various salvage attempt procedures that exist to correct the failed implant. The presentation will include detailed descriptions of 1st mpj implants that are currently being used and the advantages and disadvantages of each. We will also be looking at treatment options and success and failure rates of salvage procedures when addressing failed 1st mpj implants. A few case studies will be included for discussion and review that will examine failed 1st mpj implants and salvage procedures that were performed in order to provide correction.

10:45 – 11:45 a.m. ***The Impact of Current Congressional Legislation on the Practice of Podiatric Medicine* – Miranda A. Goodale DPM, Brazil IN**

This lecturer will emphasize the technological aspects such as electronic medical records and what will be expected of physicians in the coming years including deadlines for compliance.

11:45 a.m. – 12:15 p.m. ***Digital Marketing* – Patrick A. DeHeer DPM, Columbus IN**

A discussion will be held regarding marketing your practice online

2009 CONTINUING EDUCATION SPONSORS:

BioMedix Vascular Solutions

ProScan Imaging

Continuing Education

The Indiana Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine. This program has been awarded:

Thursday, October 8, 2009	5.00 Hours
Friday, October 9, 2009	8.00 Hours
Saturday, October 10, 2009	8.00 Hours
Sunday, October 11, 2009	2.50 Hours

TOTAL HOURS **23.50 Hours**

Ginny Jewell, Executive Director

<u>STATE</u>	<u>APPLIED FOR</u>
Indiana	23.5 Hours
Kentucky	23.5 Hours
Michigan	23.5 Hours
Ohio	23.5- Category I

While the program and the attendance verification certificate indicate that it is possible to earn 25 CME hours, the individual physician is responsible for obtaining the attendance verification. Each individual certificate will indicate the number of continuing education hours awarded based upon attendance verification records. The times of attendance verification are:

Thursday, 10/8/09 – 12:30 – 2:00 p.m. & 3:00 – 3:15 p.m. – Registration Booth

Friday, 10/9/09 – 7:00 – 10:00 a.m. – Registration Booth and 3:30 – 4:00 p.m. - Exhibit Hall

Saturday, 10/10/09 – 10:15 – 10:45 a.m. - Exhibit Hall; 4:00 – 4:15 p.m. - Doctors Lecture Room

Sunday, 10/11/09 – 10:00 – 10:15 a.m. - Doctors Lecture Room

CANCELLATION/REFUND POLICY

We understand that circumstances may arise that requires you to cancel. If you cancel your registration in writing by the advance registration date, your registration fee will be refunded, less a \$25 processing charge. In lieu of a refund, your paid registration fee can also be used to send a substitute attendee to the Conference, who will receive continuing education credit appropriate to his/her profession.

If you have questions or would like further information about this Conference, please contact Ginny Jewell at the IPMA Central Office at 317-222-3847.